

Clean Catch Urine Collection

Instructions for Patients

Females

Collection Materials:



- Sterile, Leak-Proof Container (Urine Cup)
- Pre-Moistened Towelette

Specimen Collection:

- Remove the lid and set aside
DO NOT TOUCH INSIDE OF LID OR CONTAINER
- Open pre-moistened towelette - With one hand, separate the skin folds around the urinary opening
- Wash from front to back using towelette
- Keep the skin folds parted with the fingers of one hand and urinate a small amount into the toilet
- Move the container into position and continue to urinate into the cup to collect the specimen
 - Finish urinating into the toilet
- Place lid tightly on the specimen container

Males

Collection Materials:



- Sterile, Leak-Proof Container (Urine Cup)
- Pre-Moistened Towelette

Specimen Collection:

- Remove the lid and set aside
DO NOT TOUCH INSIDE OF LID OR CONTAINER
- Open pre-moistened towelette - Wash the end of the penis with the towelette, pulling back the foreskin if not circumcised
- Urinate a small amount into the toilet
- Move the container into position and continue to urinate into the cup to collect the specimen
 - Finish urinating into the toilet
- Place lid tightly on the specimen container